

# BREAKFAST

## KIDS MENU

For kids 12 and under only please.....4.95

ADD BACON OR SAUSAGE LINKS....1.95

ADD BREAKFAST POTATOES...3.95

## KIDS FRENCH TOAST

Corn flake crusted french toast topped with bananas, strawberries and powdered sugar

## KIDS EGGSADILLA

Scrambled eggs and melted cheddar cheese in a grilled flour tortilla

## KIDS BANANA & NUTELLA SANDWICH

Sliced bananas and nutella on thick cut wheat bread

## KIDS EGG BREAKFAST

2 eggs scrambled, served with Cow's breakfast potatoes

## OATMEAL & GRANOLA

**OATMEAL WITH CREAM & BROWN SUGAR.....5.95**

Add raisins.....50

Add fresh strawberries and bananas.....195

Add candied pecans.....1.25

Add the works:raisins, bananas and candied pecans.....2.50

## GRANOLA & YOGURT

La Brea Granola, vanilla yogurt, and strawberries and bananas.....6.95

# EGGS & STUFF

## COUNTRY FRIED CHICKEN STEAK ...12.95

Lightly breaded tenderloin filet fried and topped with country gravy.  
Served with 2 eggs any style and Cow's breakfast potatoes.

## PORK CHOPS AND EGGS ...12.95

Seared pork chops with 2 eggs any style and jalapeno  
cheddar biscuits with gravy.

## HOMESTYLE EGGS BREAKFAST

3 eggs any style with bacon or sausage links, Cow's breakfast potatoes and toast.....9.95

## LOX & EGGS

2 scrambled eggs and lox served with a toasted bagel, cream cheese, tomato and red onion.....10.95

## HUEVOS RANCHEROS

2 fried eggs served over refried beans and corn tortillias, topped with salsa ranchera, avacado and  
sour cream. Served with Cow's breakfast potatoes and fresh fruit.....10.50

## COW BENEDICT

2 poached eggs served on a home-baked croissant with cure 81 ham, topped with orange Hollandaise. Served  
with Cow's breakfast potatoes and fresh fruit.....11.50

## EGGS FLORENTINE

2 poached eggs served on a home-baked croissant with a beef steak tomato, sauteed spinach and orange  
Hollandaise. Served with Cow's breakfast potatoes and fresh fruit.....11.50

## CRAB CAKE BENEDICT

2 poached eggs served over crab cakes topped with orange Hollandaise. Served with Cow's breakfast  
potatoes and fresh fruit.....13.50

## B.C. EGG SCRAMBLES

SERVED WITH HOUSE-MADE WHOLE WHEAT OR COUNTRY  
WHITE TOAST AND FRESH PERSERVES

### THE MONTROSE SCRAMBLE...9.95

2 EGGS SCRAMBLED WITH GROUND BEEF, ONIONS, ORTEGA CHILIES & CHEDDAR CHEESE

### BUILD YUOR OWN

2 EGGS SCRAMBLED WITH CHEDDAR OR CREAM CHEESE... 7.95

THEN...

Create your own scramble by adding any of the following  
Onions, bell peppers, tomatoes, ortega chilies or pico de gallo.... .95  
Mushrooms, spinach, ham, bacon or sausage....1.50

# WAFFLES & FRENCH TOAST

ADD BACON OR SAUSAGE LINKS...1.95

ADD CHICKEN-APPLE SAUSAGE...2.95

**\*\*** WAFFLES AVAILABLE ON SATURDAY AND SUNDAY ONLY **\*\***

**BUTTERMILK WAFFLE**.....6.95  
Add fresh strawberries, babanas and powdered sugar .....1.95  
Add2 eggs any style .....2.95

## WAFFLE TOPPED WITH PEACH-RASPBERRY COMPOTE

Buttermilk waffle topped with a peach-raspberry compote and powdered sugar.....8.95

## BLUEBERRY WAFFLE

Buttermilk waffle baked with blueberries, topped with powered sugar .....8.95

## CORN FLAKE CRUSTED FRENCH TOAST

TOPPED WITH FRESH STRAWBERRIES, BANNANAS AND POWDERED SUGAR.....SM7.95 LG 9.95

## BANANA BREAD FRENCH TOAST

BANANA-PECAN BREAD TOPPED WITH FRESH STRAWBERRIES, BANANAS AND POWDERED SUGAR.....SM 7.95 LG 9.95

# OMLETTES

SERVED WITH COW'S BREAKFAST POTATOES, HOUSE-MADE TOAST AND FRESH PERSERVES

ADD BACON OR SAUSAGE LINKS...1.95

ADD CHICKEN-APPLE SAUSAGE...2.95

**CHEDDAR CHEESE OMELETTE**.....8.75  
Add spinach or mushrooms .....1.50

## COWABUNGA OMELETTE

Cure 81 Ham, avocado, pico de gallo, salsa ranchera and melted cheddar.....10.75

## 3-BEAN CHILI CHEESE OMLETTE

House-made 3-bean chili with melted jalapeno jack cheese.....10.75

## EGG-WHITE OMELETTE

Egg whites with spinach, onions, tomatoes and smoked mozzarella.....10.75

## CHICKEN SAUSAGE SPINACH OMELETTE

Chicken-cilantro sausage, spinach, pico de gallo, salsa ranchera and melted cheddar.....10.95

## VEGETARIAN OMELETTE

Mushrooms, spinach, avocado, ortega chilies, pico de gallo,cheddar, salsa ranchera and sour cream.....10.95

♥ substitute cholesterol-free Egg whites .....1.45

# MORNING FAVORITES

## BREAKFAST QUESADILLA

Scrambled egg, avocado, bacon, Ortega chilies, pico de gallo and Jack and cheddar cheese in a grilled flour tortilla. Served with fresh fruit.....10.95

## MONTROSE CRISTO

Smoked turkey, Cure 81 ham, mayo, and Jack and cheddar cheese on Hawaiian style egg bread, battered and fried. Served with Cran-strawberry jam and fresh fruit.....10.95

## SKILLET BREAKFASTS

SERVED IN A SIZZLING IRON SKILLET WITH JALAPENO-CHEDDAR BISCUITS

### SOUTHERN BAKED SKILLET

2 poached eggs over bacon, tomatoes and house-made corn pudding.  
Topped with a creamy cheddar cheese sauce.  
11.50

### CHILE STUFFED SKILLET

Pasilla pepper stuffed with bacon, cheddar cheese and a poached egg.  
Served over potatoes with warm ranchera sauce and sour cream.  
11.95

### CORNERED BEEF SKILLET

2 poached eggs over a hash of house-made corned beef, potatoes and peppers. Topped with a creamy cheddar cheese sauce.  
11.95

## THE WEEKEND WRAP

Scrambled egg, chicken cilantro sausage, tomato, salsa ranchera and cheddar cheese wrapped in a tomato basil tortilla. Served with Cow's breakfast potatoes and fresh fruit.....10.95

## COUNTRY BISCUITS & GRAVY BREAKFAST

2 eggs with jalapeno-cheddar biscuits topped with house-made gravy. Served with bacon or sausage links....9.95

## CHILAQUILES

Scrambled eggs with pico de gallo and tomato sauce tossed with crisp tri-color tortilla strips and cheddar cheese. Served with re-fried beans and fresh fruit.....10.95

## BREAKFAST SANDWICH

Smoked turkey, scrambled eggs, bacon, and melted cheddar cheese on grilled thick cut whole wheat bread. Served with Cow's breakfast potatoes and fresh fruit.....10.50

## J.W.'S MORNING QUICHE (SATURDAY AND SUNDAY ONLY)

Sauteed bacon, spinach, mushrooms, tomatoes, onions, and Swiss and cheddar cheese baked in a pastry shell. Served with fresh fruit.....10.95

# BLACK COW'S BAKED GOODS

ALL HOUSE-MADE AND DELICIOUS!

Ask your server for  
today's selection

## Muffins

Apple-Bran	Maple-Bran
Almond Poppy Seed	Oat-Raisin Bran
Blueberry	Choco-Choco Chip
Orange-Cranberry	Banana Nut
Carrot Cake	Pumpkin (seasonal)

1.95

## Scones

Apricot  
Blueberry  
Banana Nut  
Mixed Fruit  
2.50

## Specialities

Cheese Rolls...1.25  
Elephant Ears...1.00  
Cinnamon Rolls...3.25  
Apple Turnovers...2.25

## Croissants

Plain Butter...2.50  
Chocolate...2.50  
Ham & Cheese...4.50

## Strudles

Apple-Peach  
Strawberry  
Barvarian-Creme  
Guava  
Pineapple-Creme  
1.95

\*Selections may vary daily

## SWEET & SAVORY CREPES

### NUTELLA

NUTELLA, FRESH STRAWBERRIES  
AND BANANAS

SM....5.95 LG...7.95

### PEACH-RASPBERRY

PEACH-RASPBERRY COMPOTE  
WITH CREAM CHEESE

SM....5.50 LG...7.50

### CHICKEN-APPLE SAUSAGE

CHICKEN-APPLE SAUSAGE  
WITH MAPLE CREAM

SM....5.95 LG...7.95

## COW SIDES

ONE EGG...1.75

TWO EGGS...2.95

BACON OR SAUSAGE LINKS...1.95

CHICKEN APPLE SAUSAGE...2.95

BISCUTS N' GRAVY...5.95

CUP O' FRUIT...1.95

BOWL O' FRUIT...3.95

STRAWBERRIES N' BANANAS...1.95

BREAKFAST POTATOES...3.95

SLICED TOMATOES...1.95

PICO DE GALLO...95

WHOLE WHEAT OR COUNTRY WHITE

TOAST...1.95

BAGEL W/ CREAM CHEESE...2.75

ZUCHINNI BREAD...1.45

BANANA BREAD...1.75

VANILLA YOGURT...2.95

♥ substitute cholesterol-free Egg  
whites .....1.45